

Domestic Violence Awareness Month



The Point

October enews

Starting Point

October is Domestic Violence Awareness Month

Check out our website and Facebook page for events this month and see our "Stay up to Date" calendar below.

Domestic violence is complicated and unique in every instance. One month is never enough to cover the complexities. You can find a primer on the subject at our website here: [DV 101](#)

For more information call or email community@startingpointnh.org. Or even better - join us on October 13 for our volunteer training presentation (see more about volunteer training below).



Parent Forum on Social Media Safety for Teens

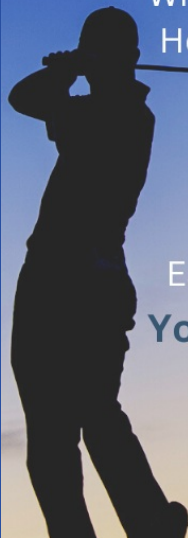


**October 26 from 7 to 8 pm
Starting Point Advocacy Ctr.
30 Pleasant St. Conway
Community@StartingPointNH.org**

Learn more here: [PARENT FORUM](#)

Putting on a fundraiser is no small feat.
We are so grateful to all our donors for helping us raise
\$10,000 at our 8th Annual Starting Point Challenge!

Turkey Street Maples - Shannon Door Restaurant
Joseph's Spaghetti Shed - Valley Originals, Wh. Mt. Puzzles
Midas - Kim O'Neil - Bobbie Box - Rickie Tibbetts,
Johnson Auto Care - Frechette Tire - Shovel Handle
Lisa Surette - White Mountain Hotel - Cathedral Distillery
White Mt Firewood - White Mt Indoor Golf - Back 9
Horsefeathers - Restorative Health, Ginger Rober
Indian Mound Golf Club - Lowes
North Conway Country Club - Eddie Bradley
Hales Location Golf Club - Amoskeag Beverages
Wentworth Golf Club - Varsity Beverages
Eagle Mt. Golf Club - Lake Kezar Country Club



**You can't run a successful fundraiser without
donors! We are so very grateful to all our
local businesses and friends who
contributed to this year's tournament!**

See a list of our sponsors here: [SP CHALLENGE](#)



Much gratitude to Sally McKechnie for her continued support with gift cards. And to all those who responded to our request for a mother and child in need of essentials. Your support not only helps lessen the crisis it reminds victims that they are not alone.



Starting Point now has a Venmo account!!
To make a donation click here: [MAKE A DIFFERENCE](#)



Stay Up to Date with our Dates!

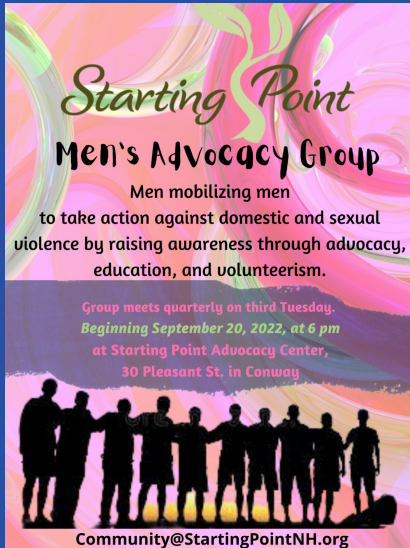
October 13 (rescheduled from Oct 4) 5-8 pm: Volunteer Training Starts - This session is open to all who are interested in learning more about volunteering and about Starting Point in general.

Oct 20, 6 pm: Domestic Violence Awareness Month Vigil in Schouler Park, North Conway

Oct 26 (rescheduled from Oct 17), 6-7 pm, Parent Forum on keeping children safe on social media, with a focus on sexting.

Nov 11 & 12 Bring a Friend Shopping at OVP - Settlers Green. Drop by the Starting Point Booth to enter our raffle and learn more about our services.

As always please check our Facebook page or email community@StartingPointNH.org for updates or changes in scheduled events. We will continue to follow CDC recommendations and do our very best to keep our community safe and healthy.



Starting Point's men's advocacy group had its first meeting on Sept 20, 2022. Read the Conway Daily Sun article about it here: [**MEN'S ADVOCACY GROUP**](#)

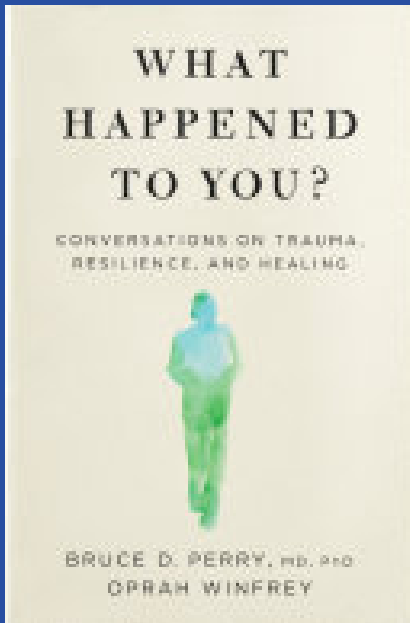


Training begins Oct 13 at the Advocacy Center in Conway, 30 Pleasant St. from 5 to 8 pm. Anyone interested in volunteering or in learning more about Starting Point is welcome to attend. Learn more here: [**VOLUNTEER**](#) Email community@startingpointnh.org for more information.

LIBRARY CORNER:

What Happen to You?

Conversations on Trauma, Resilience, and Healing
by Dr. Bruce Perry and Oprah Winfrey

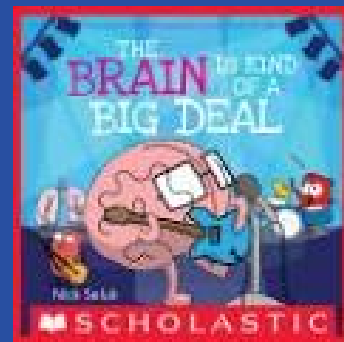


Dr. Perry, renowned brain development and trauma expert, and Oprah Winfrey, who has been championing work all over the world in the field of trauma and child abuse, have comprised a book that is filled with the neuroscience of trauma that reads like a conversation. This is an important book not only for people who work in social services but for anyone who has had a childhood!

Here's a brief summary from Youtube: [BOOK SUMMARY](#)

Children's Book Nook

The Brain is Kind of a Big Deal by New York Times bestseller Nick Seluk is a hilarious and informative book for kids about the amazing computer that lives inside our heads. Teaching kids early on about their brains will help create strategies for them later in life that will add to their resilience toolbox.



Don't have a child to buy books for? No worries we do! We are always happy to receive books to enhance our children's library or to distribute to children in our network. Please go to our website for our book list at:

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